

I'M THE THINKER OF MY THOUGHTS



A must-have for every family bookshelf!

I'm the Thinker of My Thoughts is a picture book that gives children tools to create positive emotions and behaviors by learning to control their thoughts. They learn that thoughts create feelings, which lead to actions, and that they can replace unhelpful thoughts with more helpful ones.

Using vivid and memorable illustrations and positive phrases in catchy rhymes, these powerful, life-changing ideas are portrayed in a simple way a child can easily understand. Thoughts are shown as friends or bullies that can make us feel nice or sad. It's a fun book to read aloud to children ages 3 to 9.

Title: I'm the Thinker of My Thoughts

Author: Noella Reeder

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Retail price: 19.99 USD 24.99 CAN

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Category: Children's Personal Development
(Poetry and Verse)

Page Count: 32 Pages

Trim: 260cm x 225cm

REVIEWS

Renee B - Child and Youth Practitioner - *"I'm a mother of four, a grandmother and when my studies are completed, a Child and Youth Practitioner. This book is so wonderful to help open up a platform for communication with a child who may be unsure about how to talk about their feelings. Such a wonderful book that gives a perfect foundation to talk to children about their thoughts and help them understand them. Very well written!!!! I love this book, and will be reading it to my grandson and adding it to my toolbox I will use when out in the field helping children and youth. Thank you for this book."*

Debora J - Outreach and Tenant Relations Worker - *"As I listened to you read this book my mind was thinking of so many children that this book will empower and actually set free from low self esteem! I can't wait to set up a story reading time to introduce this book and even to buy a number of them to give to the moms so they can benefit by reading it to their children! I know a wonderful, brilliant little autistic boy who will memorize every word! I'm so excited to hear him quote it word for word!"*



Noella Reeder is a mom and grandma who writes about love, health and personal development.

She loves writing, but poetry is her superpower!

CONTACT INFORMATION

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